

# CDC's *Learn the Signs. Act Early.* for Child Care Development Fund (CCDF) Grantees

**FREE** research-based, parent-friendly resources on child development  
Boost family engagement and your own professional development

## Professional Development

CDC's *Learn the Signs. Act Early.* materials...

- ✓ Help your providers meet CCDF professional development requirements by earning CEUs with FREE *Watch Me! Celebrating Milestones and Sharing Concerns* ([www.cdc.gov/WatchMeTraining](http://www.cdc.gov/WatchMeTraining))
- ✓ Help your providers meet CCDF health and safety training requirements
- ✓ Aid in early identification of the 1 in 6 children with a developmental delay or disability

*Note: In centers that conduct developmental screenings, these materials support and complement, but do not replace, developmental screening.*

## Family Engagement

CDC's *Learn the Signs. Act Early.* materials...

- ✓ Supply information and resources on developmental monitoring to help your providers meet CCDF consumer and provider education provisions on family engagement
- ✓ Help providers communicate with parents about development
- ✓ Supply guidance for providers on discussing developmental concerns
- ✓ Help parents celebrate their child's development and act on developmental concern

You can ensure children with developmental delays and disabilities receive the help they need by...

1. Encouraging all providers to take CDC's FREE 1-hour online CEU course, *Watch Me! Celebrating Milestones and Sharing Concerns*. Featured in Early Educator Central (<https://earlyeducatorcentral.acf.hhs.gov/coursework>).
2. Encouraging programs to use CDC's [milestone checklists](#) or [Milestone Moments booklet](#) to
  - Increase providers' practice of ongoing developmental monitoring;
  - Complement developmental screening by engaging families in monitoring milestones; and
  - Increase providers' knowledge of signs of potential developmental delay and what to do when there is a concern.
3. Supporting programs and child care providers by sharing CDC's [How to Help My Child](#) and [How to Talk to the Doctor](#) tip sheets for families.



**Watch Me! Training**  
FREE 1-hour online CEU course  
for early educators



**Milestone Checklists**  
Objective, research-based; for ages  
2 months through 5 years

[www.cdc.gov/ActEarly](http://www.cdc.gov/ActEarly) | 1-800-CDC-INFO (1-800-232-4636)

**Learn the Signs. Act Early.**



Toll-Free: 877-770-8883



Maine Developmental  
Disabilities Council  
[www.MaineDDC.org](http://www.MaineDDC.org)  
Toll-Free 800-244-3990



U.S. Department of Health  
and Human Services

Centers for Disease  
Control and Prevention

# Getting materials is easy with 3 simple options:

**Print FREE materials directly at**  
[www.cdc.gov/ActEarly](http://www.cdc.gov/ActEarly)  
(click on "Free Materials")

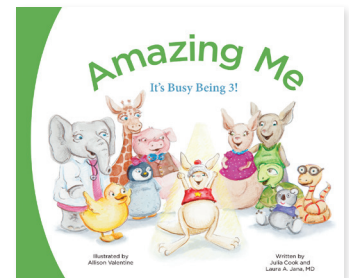
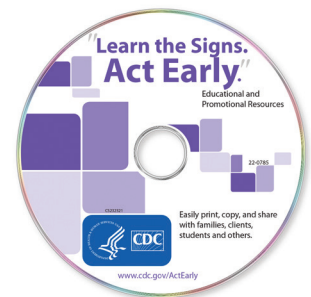
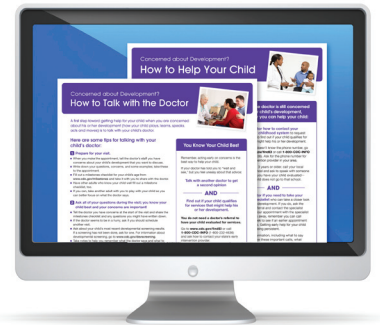
OR

**Print materials from a FREE disk.**  
Order disk from  
[www.cdc.gov/ActEarly/Orders](http://www.cdc.gov/ActEarly/Orders)

OR

**Order FREE printed materials**  
(in limited quantities) in English or Spanish  
from [www.cdc.gov/ActEarly/Orders](http://www.cdc.gov/ActEarly/Orders)

*All materials are available in English and Spanish, many in simplified Chinese and Korean, and some in other languages.*



Find the resources pictured here and others at [www.cdc.gov/ActEarly](http://www.cdc.gov/ActEarly).

The Centers for Disease Control and Prevention's (CDC's) *Learn the Signs. Act Early.* program aims to improve early identification of children with developmental disabilities so children and families can get the services they need as early as possible.

Want to customize CDC materials with your logo and contact information? Local contact information is most helpful to families. Request customizable files from [ActEarly@cdc.gov](mailto:ActEarly@cdc.gov) and have them printed locally.

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Centers for Disease Control and Prevention

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